

## Certifications and Skills Self-Assessment

This section is only for instructor applicants. Describe your personal and professional experience in the following areas. Use additional paper as necessary.

### Certifications and Training:

Certifications:	Exp. Date:	Certified by:
CPR	Y N _____	_____
Adv. First Aid	Y N _____	_____
WFR	Y N _____	_____
EMT	Y N _____	_____
WEMT	Y N _____	_____
Lifeguarding	Y N _____	_____
Single Pitch Instr.	Y N _____	_____
Other	Y N _____	_____
Other	Y N _____	_____

Other related medical or first aid experience, seminars, trainings:

Please circle the appropriate number and explain your experience in each area.  
5 = high level of skill or experience; 1 = no experience in this area.

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**EXPEDITIONS:** Involvement, location, type of group 5 4 3 2 1

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**MOUNTAINEERING:** Traditional rock climbing, top-roped climbing, snow and glacier travel 5 4 3 2 1

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**LEADERSHIP:** Type of program, specific role, type of group led 5 4 3 2 1

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**EMERGENCY RESPONSE:** Mountain rescue, certifications 5 4 3 2 1

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**WATER:** Life saving, swimming ability 5 4 3 2 1

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**NATURAL HISTORY:** Flora, fauna, ecosystems, geology, geography 5 4 3 2 1

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**CAMPCRAFT:** Map and compass, Leave No Trace ethics, backcountry living skills 5 4 3 2 1

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**WINTER:** Snow camping, avalanche training 5 4 3 2 1